

2023 Central Region Tournament Format

Tournament format and operation:

- All region tournaments should use the USAW system for registration only. Trackwrestling will still be used for weigh-in and tournament operation. Track has raised their registration fees to \$2.00/entry plus increased credit card fees. The net is that even small tournaments on Track would cost an additional ~\$500 more than in the past. USAW does not charge those fees for registration.
- All region tournaments will use Madison Bracketing
 - Faster to bracket after weighins
 - Balanced bracket sizes help tournament run faster
 - Potential to wrestle different opponents week-to-week
 - Wrestlers will use their actual weight recorded in Track to qualify for their weight class at the State Tournament
 - Downside of fewer large brackets is top wrestlers may not meet to get good competition; we can potentially solve by seeding bracket assignment based on results and coach input
- All region tournaments use new session schedule (this mimics the North region tournaments except for Girls divisions)
 - More sessions that run faster to greatly reduce time commitment for wrestler/parents/fans. The goal is for each session to be 90min or less.
 - Wrestlers weighin during the session immediately before wrestling; again, reduces time commitment.
 - Reduced number of divisions/weights in each session means they can be bracketed and start very quickly after the conclusion of weigh-ins.
 - For Central region, sessions will be smaller and likely require fewer mats than we have used in the past.
 - Downside is tournaments may take slightly longer; however, eliminating the often VERY long time to get sessions started after weigh-ins will offset much of that.
 - Session schedule makes it easy on MOST wrestlers who want to double-enter (e.g. up 1 age group, or R/N/Girls in Open)
 - 1. Tots, Rookie (or R/N) D1, G1
 2. D1, Rookie (or R/N) D2, G2
 3. D2, Rookie (or R/N) D3, G3
 4. D3, Rookie (or R/N) D4, G4
 5. D4, D5/G5

Proposed tournament schedule times. Will adjust as needed based on early tournament learnings.

	Weigh-in	Wrestle
1 - Tot/R1/G1	8:00-8:30	9:00-10:00
2 - D1/R2/G2	9:00-9:30	10:00-11:30
3 - D2/R3/G3	10:00-10:30	11:30-1:00
4 - D3/R4/G4	12:00-12:30	1:00-2:30
5 - D4/D5/G5	1:00-1:30	2:30-4:00